

VPA SPORTS MEDICINE COMMITTEE
Tuesday, November 10, 2015
Middlebury UHS, Middlebury, VT

Members Present: David Lisle, Pat Merriam, Sarah Johnstone, Bob Johnson

Also Present: John Stawinski (AT, Mt. Mansfield UHS)

Minutes:

- minutes from previous meeting approve by consensus.
- discussion on heat policy and issues from the Fall season. As noted in the August SMAC meeting by Denise, overall the roll out went well. Now that the regular season is over, there were no major issues. Some AD's had thought this was a new policy and failed to realize that it was implemented last Spring. No further action taken.
- discussion on Cold policy. Several winter committees were concerned about the new policy, but failed to read the small print in the policy that stated it did not apply to the sports of alpine/Nordic skiing and snowboarding as they already had procedures in place to deal with bad weather. Once they realized this, there was no opposition. Policy was intended for winter sports who normally do not play games, practice or train outdoors. No further action taken.
- John S. presented information on the outbreak of herpes we had last year during the wrestling championships. Over the past few years, VT has had issues with herpes and ringworm. This outbreak is not necessarily due to contact in wrestling. VT's outbreak was large in numbers when compared to other states.

VT does require that skin checks be done at all meets. VT state law now requires that an appropriate medical person (AT, doctor, etc.) be present at all meets. Issue appears to be with bordering states where skin checks may or may not be done and the issue of identification. Many cases are misidentified or the symptoms do not show at the time of the meet, but appear later. Discussion as to whether we should allow teams to compete in a meet when they have had an outbreak. No action taken.

Noted that in some cases, herpes and ringworm can combine with each other. This can present issues when being diagnosed by doctors.

John S. presented some information and links that could be put on the VPA website. Question as to whether we should shut a team down for 1-2 weeks if they have an outbreak. No action taken. Consensus that the information should be sent out to AD's and put on the VPA website once John updates the information.

Plan for this years championships is to have a doctor on site at the championships (Mill River UHS) and that skin checks be done on both days. Recommend that Mill River contact Matt Gammons for assistance in finding a doctor. Bob J. will pass this information on. Also noted the importance of getting the skin check forms prior to doing skin checks. This will be reinforced at the wrestling coaches meeting. No further action.

- adjourned